



# Practicum Work for the Coaching Course

After completion of the four days, you will begin the practicum stage of the course which should be completed and submitted within 6 months. The practicum work asks that you:

## **1. PRACTICE COACHING SESSIONS**

Practice-coach two people three sessions each (six sessions in total). After each session, write/record a summary of the session and notes of your learning, as well as questions that the session raised for you.

## **2. EXPLICATING THE PAUSES**

Demonstrate your competence in thinking through the 'considerations' that lead to the best choice of next question for the Thinker. Your Practicum Faculty will be in touch after day 4 of the course to let you know how they want you to demonstrate that competence.

## **3. CHARACTERISING THE THINKING SESSION AS COACHING**

Communicate to your Practicum Faculty (in whatever form they request) your responses to these questions:

a - In what ways do you think the Thinking Session is a genuine and effective coaching framework?

b - What do you think are the features of the Thinking Session that are not usually found in other coaching approaches that you will need to explain to your clients?

How would you explain each of them?

## **4. TWICE-WEEKLY THINKING SESSIONS**

During the period of your learning and qualifying, continue to refine and advance your expertise by having two Thinking Sessions per week, confirming progress by email with your Practicum faculty mentor.

